

St Joseph Catholic Church  
Eucharistic Adoration Newsletter



March 2024  
Issue 57

Presented by the  
St. Joseph Eucharistic Adoration  
Committee

# St. Joseph's Eucharistic Adoration Newsletter

March 2024 Issue 57

**The Month of March is  
Dedicated to  
St. Joseph**



## St. Joseph

"The Eucharist, in the Mass and outside of the Mass, is the Body and Blood of Jesus Christ, and is therefore deserving of the worship that is given to the living God, and to Him alone"(St Pope John Paul II, Opening address in Ireland, Phoenix Park, September 29, 1979).

### Feasts for March 2024

3. THIRD SUNDAY OF LENT, Sunday
4. Casimir of Poland, Opt. Mem.
7. Perpetua and Felicity, Opt. Mem.
8. John of God, Opt. Mem.
9. Frances of Rome, Opt. Mem.
10. FOURTH SUNDAY OF LENT, Sunday
17. FIFTH SUNDAY OF LENT, Sunday
18. Cyril of Jerusalem, Opt. Mem.
19. JOSEPH, SPOUSE OF MARY, Solemnity
23. Turibius of Mogrovejo, Opt. Mem.
24. PALM SUNDAY OF THE LORD'S PASSION, Holy Week
25. Monday of Holy Week, Holy Week
26. Tuesday of Holy Week, Holy Week
27. Wednesday of Holy Week, Holy Week
28. Holy Thursday, Triduum
29. Good Friday of the Lord's Passion, Triduum
30. Holy Saturday, Triduum
31. EASTER SUNDAY OF THE RESURRECTION OF THE LORD, Triduum

### In this Issue:

- Other Names for St. Joseph
- Novena to Joseph
- Litany to St. Joseph

## Other Names for St. Joseph

Spouse of the Mother of God,  
Guardian of the Redeemer,  
Pure Guardian of the Virgin,  
Provider for the Son of God,  
Zealous defender of Christ,  
Servant of Christ,  
Minister of salvation,  
Head of the Holy Family,  
Joseph, most just,  
Joseph, most chaste,  
Joseph, most prudent,  
Joseph, most brave,  
Joseph, most obedient,  
Joseph, most loyal,  
Mirror of patience,  
Lover of poverty,  
Model for workers,  
Glory of family life,  
Guardian of virgins,  
Cornerstone of families,  
Support in difficulties,  
Comfort of the sorrowing,  
Hope of the sick,  
Patron of exiles,  
Patron of the afflicted,  
Patron of the poor,  
Patron of the dying,  
Terror of demons,  
Protector of the Holy Church

## NOVENA TO ST. JOSEPH



### Day 1 Prayer

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

#### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and

perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

***(Mention your request).***

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

#### ***Daily Prayer***

Saint Joseph, I thank God for your privilege of having been chosen by God to be the foster-father of His Divine Son. As a token of your own gratitude to God for this your greatest privilege, obtain for me the grace of a very devoted love for Jesus Christ, my God and my Savior. Help me to serve Him with some of the self-sacrificing love and devotion which you had while on this earth with Him. Grant that through your intercession with Jesus, your foster-Son, I may reach the degree of holiness God has destined for me, and save my soul.

#### ***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### Day 2 Prayer

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

#### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

**(Mention your request).**

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

### ***Daily Prayer***

Saint Joseph, I thank God for your privilege of being the virginal husband of Mary. As a token of your own gratitude to God, obtain for me the grace to love Jesus with all my heart, as you did, and love Mary with some of the tenderness and loyalty with which you loved her.

### ***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### **Day 3 Prayer**

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

**(Mention your request).**

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

### ***Daily Prayer***

Saint Joseph, I thank God for having made you the man specially chosen by Him. As a token of your own gratitude to God, obtain for me the grace to imitate your virtues so that I too may be pleasing to the Heart of God. Help me to give myself entirely to His service and to the accomplishment of His Holy Will, that one day I may reach heaven and be eternally united to God as you are.

### ***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### **Day 4 Prayer**

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

***(Mention your request).***

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

### ***Daily Prayer***

Saint Joseph, I thank God for your privilege of being God's faithful servant. As a token of your own gratitude to God, obtain for me the grace to be a faithful servant of God as you were. Help me to share, as you did, the perfect obedience of Jesus, who came not to do His Will, but the Will of His Father; to trust in the Providence of God, knowing that if I do His Will, He will provide for all my needs of soul and body; to be calm in my trials and to leave it to our Lord to free me from them when it pleases Him to do so. And help me to imitate your generosity, for there can be no greater reward here on earth than the joy and honor of being a faithful servant of God.

### ***Concluding Prayer***



Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### **Day 5 Prayer**

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

#### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

***(Mention your request).***

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

### **Daily Prayer**

Saint Joseph, I thank God for your privilege of being the Patron of the Church. As a token of your own gratitude to God, obtain for me the grace to live always as a worthy member of this Church, so that through it I may save my soul. Bless the priests, the religious, and the laity of the Catholic Church, that they may ever grow in God's love and faithfulness in His service. Protect the Church from the evils of our day and from the persecution of her enemies. Through your powerful intercession may the church successfully accomplish its mission in this world – the glory of God and the salvation of souls!

#### ***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### **Day 6 Prayer**

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

#### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

**(Mention your request).**

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

### ***Daily Prayer***

Saint Joseph, I thank God for your privilege of living in the Holy Family and being its head. As a token of your own gratitude to God, obtain God's blessing upon my own family. Make our home the kingdom of Jesus and Mary — a kingdom of peace, of joy, and love.

### ***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### ***Day 7 Prayer***

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

**(Mention your request).**

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.



### ***Daily Prayer***

Saint Joseph, I thank God for your privilege of being able to work side by side with Jesus in the carpenter shop of Nazareth. As a token of your own gratitude to God, obtain for me the grace to respect the dignity of labor and ever to be content with the position in life, however lowly, in which it may please Divine Providence to place me. Teach me to work for God and with God in the spirit of humility and prayer, as you did, so that I may offer my toil in union with the sacrifice of Jesus in the Mass as a reparation for my sins, and gain rich merit for heaven.

### ***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### **Day 8 Prayer**

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

#### ***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

***(Mention your request).***

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

### ***Daily Prayer***

Saint Joseph, I thank God for your privilege of being able to suffer for Jesus and Mary. As a token of your own gratitude to God, obtain for me the grace to bear my suffering patiently for love of Jesus and Mary. Grant that I may unite the sufferings, works and disappointments of life with the sacrifice of Jesus in the Mass, and share like you in Mary's spirit of sacrifice.

### ***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

### **Day 9 Prayer**

***In the name of the Father, and of the Son, and of the Holy Spirit. Amen.***

***Intro Prayer***

Saint Joseph, I, your unworthy child, greet you. You are the faithful protector and intercessor of all who love and venerate you. You know that I have special confidence in you and that, after Jesus and Mary, I place all my hope of salvation in you, for you are especially powerful with God and will never abandon your faithful servants.

Therefore I humbly invoke you and commend myself, with all who are dear to me and all that belong to me, to your intercession. I beg of you, by your love for Jesus and Mary, not to abandon me during life and to assist me at the hour of my death. Glorious Saint Joseph, spouse of the Immaculate Virgin, obtain for me a pure, humble, charitable mind, and perfect resignation to the divine Will. Be my guide, my father, and my model through life that I may merit to die as you did in the arms of Jesus and Mary.

Loving Saint Joseph, faithful follower of Jesus Christ, I raise my heart to you to implore your powerful intercession in obtaining from the Divine Heart of Jesus all the graces necessary for my spiritual and temporal welfare, particularly the grace of a happy death, and the special grace I now implore:

***(Mention your request).***

Guardian of the Word Incarnate, I feel confident that your prayers on my behalf will be graciously heard before the throne of God. Amen.

***Daily Prayer***

Saint Joseph, I thank God for your privilege of being able to die in the arms of Jesus and Mary. As a token of your own gratitude to God, obtain for me the grace of a happy death. Help me to spend each day in preparation for death. May I, too, accept death in the spirit of resignation to God's Holy Will, and die, as you did, in the arms of Jesus, strengthened by Holy Viaticum, and in the arms of Mary, with her rosary in my hand and her name on my lips!

***Concluding Prayer***

Remember, most pure spouse of Mary, ever Virgin, my loving protector, Saint Joseph, that no one ever had recourse to your protection or asked for your aid without obtaining relief. Confiding, therefore, in your goodness, I come before you and humbly implore you. Despise not my petitions, foster-father of the Redeemer, but graciously receive them. Amen.

## LITANY TO ST JOSEPH

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

Christ, hear us.  
Christ, graciously hear us.

God the Father in heaven,  
God the Son, Redeemer of the world,  
God the Holy Spirit,  
Holy Trinity, one God,

Holy Mary,  
Saint Joseph,  
Illustrious son of David,  
Light of Patriarchs,  
Spouse of the Mother of God,  
Guardian of the Redeemer,  
Pure Guardian of the Virgin,  
Provider for the Son of God,  
Zealous defender of Christ,  
Servant of Christ,  
Minister of salvation,  
Head of the Holy Family,  
Joseph, most just,  
Joseph, most chaste,  
Joseph, most prudent,  
Joseph, most brave,  
Joseph, most obedient,  
Joseph, most loyal,  
Mirror of patience,  
Lover of poverty,  
Model for workers,  
Glory of family life,  
Guardian of virgins,  
Cornerstone of families,  
Support in difficulties,  
Comfort of the sorrowing,  
Hope of the sick,  
Patron of exiles,  
Patron of the afflicted,  
Patron of the poor,  
Patron of the dying,  
Terror of demons,  
Protector of the Holy Church,

Lord, have mercy.  
Christ, have mercy.  
Lord, have mercy.

Christ, hear us.  
Christ, graciously hear us.

have mercy on us.  
have mercy on us.  
have mercy on us.  
have mercy on us.

[illegible]

Lamb of God, you take away the sins of the world,  
Lamb of God, you take away the sins of the world,  
Lamb of God, you take away the sins of the world,

spare us, O Lord.  
hear us, O Lord.  
have mercy on us.

He made him master of his house,

and ruler of all his possessions

*Let us pray.*

O God, who in your inexpressible providence  
were pleased to choose Saint Joseph  
as spouse of your most holy Mother,  
grant, we pray, that we, who revere him as our protector on earth,  
may be worthy of his heavenly intercession.  
Who live and reign for ever and ever.

R. Amen.

## **SCHEDULE**

### **ADORATION HOURS & LOCATION**

**Cody Center Chapel**

### **ADORATION HOURS**

**Monday - Thursday**

9:00 AM to 9:00 PM

**Friday**

9:00 AM to 6:30 PM

### **ADORATION FOR VOCATIONS**

**Last Friday**

7:00 PM to 8:30 PM

### **NOCTURNAL ADORATION**

**1st Friday**

7 PM until 7 AM Saturday

**2nd Friday**

7 PM until 7 AM Saturday (Hispanic Community)